

CHAPTER NEWS

SEPTEMBER 11, 2018 - CHAPTER MEETING

At the September 11 meeting, U.S. Congressman, Ed Perlmutter, spoke about his history of service including his support of NARFE issues and ongoing requests for infrastructure money.

Vice President, Greg Kann presided and reported on membership recruitment activities. He noted the upcoming 12 Health Fairs that our Chapter needs to attend and shared his view of the happenings at the national conference, FEDcon 18. All FEDcon18 attendees gave positive response to the new format due to its educational, informative, and networking environment for sharing ideas.

Second VP, Pat Mather, also shared her thoughts on the conference. Priorities include: oppose 2019 pay freeze, prevent federal benefit cuts, modify Postal Reform Legislation, and be aware of proposed governmental reorganization plans. She encouraged members to contact their members of Congress and make our requests 'personal'.

WELCOME NEW MEMBERS

Karel Hadacek &
Transfer member - Elizabeth Duvall

OUR CONDOLENCES TO THE FAMILIES OF:

Robert Alexander Sharon Hanson
John Isham Margaret Slagle
Dale Smith

In the event of a death or illness of any Chapter member, please contact Barbara Burgert 303.279.1020

JOIN THE CONVERSATION ON NARFE'S SOCIAL MEDIA

Send NARFE and Mory Lewis Chapter, 1085 your **email address today**. Keep abreast of what's happening in Congress and the President's latest actions. You will also receive NARFE's **weekly electronic news digest, *NARFE NewsWatch***, in your inbox every Tuesday.

NARFE posts breaking news and announcements on Facebook and Twitter. **Like us on Facebook** page ***NARFE National Headquarters***, and **follow us on Twitter** handle **@narfehq** to keep informed every day and contribute to the social media conversation.

2018 Upcoming Webinars (all webinars start at noon MT)

- * **October 11** (Thursday) **FEHB & Medicare: Understanding Your Choices**
- * **November 8** (Thursday) **Health Plans: What's New and How to Choose**
- * **December 13** (Thursday) **Estate Planning: What Feds Need to Know**

ALZHEIMER'S ♦ Give Now

Ken Miller, Alzheimer's Chair

So far this year our Chapter has provided more than \$700 to support the NARFE/Alzheimer's Research Fund. This amount is mostly from raffles at the monthly Chapter meetings and from donations by Chapter members. We set a goal for 2018 of raising \$1085. **Yes we are short by \$385!**

As your Alzheimer's Chair, I urge you to consider a donation to this important NARFE-sponsored charity before year's end. **Why is it so important?** Because nationally, Alzheimer's diagnoses have increased nearly 60 percent since 2000. Statistically, the risk of developing Alzheimer's disease or vascular dementia is roughly 7% at age 65, and odds are double every five years thereafter. One of six people over 88 will be diagnosed with Alzheimer's, and one in four over the age of 85. Alzheimer's disease afflicts more than half of those 94 and older.

There are **two easy ways to give**: use the coupon found in each monthly NARFE magazine, crediting Chapter 1085, and send your donation directly to the address shown **or** send a check directly to me, Ken Miller, 11959 W Atlantic Avenue, Lakewood, CO 80028, and I will forward your donation. Make your check payable to "NARFE-Alzheimer's Research".

Thanks to all!

TIPS FROM THE EXPERTS ON GRASSROOTS ADVOCACY

Pat Mather, 2nd V. P. - National Legislation

As your 2nd Vice President for National Legislation, it was my duty and honor to attend FEDcon 18, NARFE's National Conference, in Jacksonville, FL, August 26-28, 2018. From the start, it was filled with wonderful and varied speakers and great workshops. There were many exhibits, delicious meals and an enjoyable banquet to top it off.

During the conference, I attended two legislative updates. The first workshop was presented by Jessie Klement, NARFE's Legislative Director, and the second workshop was presented by Molly Checksfield, who heads up the Grassroots Advocacy Program. Both speakers gave very important tips on grassroots advocacy. They are:

NARFE's website (narfe.org/legislation) has form letters on various issues that are pending concerning active and retired federal employees. Jessie recommended changing the subject line to make it more personal. Reason: she used to work in a congressional office and saw boiler-plate letters come in all of them with the same subject. She also recommended starting the letter with a personal paragraph and throw in a typo, just so whoever receives it, takes a second look at it. Most important, make it personal!

Staffers want to see fact sheets, issue briefs and our Colorado State Specific Fact Sheet. Send the materials before the meeting. Also, before you visit a Member of Congress, always review on narfe.org/legislation what bills the member has sponsored, what committees he/she is on and how he/she voted. Staffers want to hear personal stories – how it affects you! Also, they want to know what do you want them to do. Have an “Ask.” Always confirm the meeting before you go and tell them the number of NARFE members attending. Remember, don't go alone! Practice what you are going to say and decide who will speak on what topic. Always send a thank you note and notify NARFE of your meeting.

REMEMBER SILENCE EQUALS ACCEPTANCE!

Contact your Congressional Representative and Senators to **reject any efforts to cut or reduce your earned pay and benefits!** Here's how:

Call the U.S. Capitol, using NARFE's toll-free number, 1-866-220-0044. Express your concerns in a voice mail or to a staff member. I suggest you write out key issues you want to stress and use it during your call.

Send letters, either **one prepared by NARFE's Legislative Department** at narfe.org/legislative, or **write your own letter**. With NARFE, it is easy & quick through email. If you write your own letter, **send** it to your Congressional Representative/Senators' District Offices.

CONGRESSMAN ED PERMUTTER SPEAKS TO CHAPTER

It was a real pleasure to have Congressman Ed Perlmutter at our Mory Lewis Chapter 1085's meeting on September 11th. He is very personable and a huge supporter for NARFE's issues that affect active and retired federal employee benefits. We had a very good turnout for this meeting with 28 members, 2 from the Arvada Chapter 1040, and 2 guests.

According to the latest information from the NARFE magazine, on Congressman Perlmutter's voting record (see October 2018 issue), he has a 75% voting record in the 115th Congress and an overall 95% lifetime voting record for NARFE's issues. Congressman Perlmutter is running for re-election this November and many members expressed support. He has represented Congressional District VII for 12 years.



IT PAYS TO RECRUIT!

By Greg Kann, 1st V. P. - Membership

What You Can Win from the National Office!

- Recruiters will receive \$10 for each new member, current OR retired, who joins between Sept 1-Dec 31. (Applications must be postmarked, and calls or website joins must be received no later than Dec 31, 2018.)
- All Fall recruiters will be entered into a drawing, one time, for each new member they have recruited.
- **GRAND PRIZE: Bose SoundLink Revolve + Portable Bluetooth 360 Speaker** - awarded to a recruiter randomly selected from this pool. Grand Prize winner selected by mid-January.
- **MONTHLY PRIZES:** Each month a name will be selected from the pool of recruiters for a \$25 Amazon.com gift card. The pool includes an entry for every new member recruited, and accumulates throughout the contest. Gift card winners selected on Oct 1, Nov 2, and Dec 1.
- Winners of a monthly prize remain eligible for the Grand Prize as well as all monthly drawings.

The **Colorado Federation of Chapters will match** the \$10 recruiter bonus during the Fall Membership Drive. So go out and recruit and **receive a total of \$20 for each new member** that you sign up.

Don't Forget to put your NARFE Membership ID # on the recruitment forms you use to sign-up new members. (Your membership # can be found on the label of your *NARFE Magazine*) **Credit for recruitment can only be given if your number is provided on that form.**

Our hard earned benefits - health insurance, pay, annuities - are at stake. Keeping NARFE's membership numbers up gives us more clout with Congress. **Call me today at 303.718.7307.** Let's talk!

► [Help me recruit at these FEHBP Health Fairs:](#)

November 6	9-10 am 11-noon 1-2 pm	National Park Service, 12795 W. Alameda Pkwy, Rooms 250/251 WAPA, 12155 W. Alameda Avenue VA Regional Office, 155 S. Van Gordon Street
November 8	11:30-12:30 1:30-2:30 pm	Federal Highways Administration, 12300 W. Dakota Avenue Forest Service, 1617 Coloe Blvd., Bldg. 17
November 9	1-2 pm	BLM, DFC Bldg. 50, Colorado Room
November 14	11-12:30	U. S. Fish & Wildlife Service, 134 Union Blvd.
November 15	8:30-1 pm	BOR, DFC Bldg. 67, Rio Grande Room
November 26	9-10 am	HROC NPS, 66 S. Van Gordon
November 29	11-noon	DOE/NREL, 15013 Denver West Pkwy., 3rd floor, San Juan Room
December 6	11-1 pm	GSA, DFC Bldg. 41, Lodge Room

Contact me, Greg Kann 303.718.7307 or gkkpbk@aol.com to volunteer to help with any of these Health Fairs. [Your support is vital to our recruitment efforts.](#) I cannot do it without you! Thanks.

OUR ELECTED DELEGATES TO CONGRESS

Write your members of Congress - using the member's name and zip code (Senate-20510) (House of Representatives-20515). **Call**, the Capitol switchboard at 1.202.224.3121 and ask for the member by name. Or call your Senators or Representative **using the NARFE toll-free 1.866.220.0044.** **Schedule an in-person visit** when they are in Colorado during recesses by making an appointment. **Send an email** by going to their websites shown below or call their Colorado office phone numbers to reach your Congressman.

Senator Michael Bennet (D)	303.455.7600
Bennet.Senate.gov	
Rep. Diana DeGette (D)	303.844.4988
DeGette.House.gov	
Rep. Mike Coffman (R)	720.748.7514
Coffman.House.gov	

Senator Cory Gardner (R)	970.352.5546
Gardner.Senate.gov	
Rep. Ed Perlmutter (D)	303.274.7944
Perlmutter.House.gov	
Rep. Jared Polis (D)	303.484.9596
Polis.House.gov	