



NARFE's Legislative Department is here to help you succeed. To assist you in your advocacy efforts, NARFE has developed the following resources:

Legislative Hotline

A brief email message and audio recording, usually distributed on Fridays when Congress is in session, the Hotline provides NARFE members with a roundup of what happened in Washington that week. It is emailed to all NARFE members and is available by phone by calling 877-217-8234 toll free. You can also access the Hotline archives on the NARFE website.

Legislative Action Center

The Legislative Action Center (LAC) is NARFE's online advocacy hub. From LAC, members can send email messages to their legislators, get updated information on NARFE's issues and track legislation. The LAC has a new, is an easy-to-complete form to inform the Legislative Department about meetings and events you attend with your legislators. The Legislative Action Center is available online at <http://www.narfe.org/legislation/votervoice.cfm> or from the Legislation page.

Daily Media Monitoring

This daily email from NARFE compiles links to news-relevant articles of interest to NARFE members from across the country. Any NARFE member is welcome to receive the e-mails, but NARFE leaders are strongly encouraged to subscribe. To be added to the distribution list, email the Legislative Department at leg@narfe.org.

Legislative Training Webinars

These sessions, on a variety of topics, are typically scheduled on a monthly basis. You can view past webinars on the NARFE Legislation webpage. Legislative officers are encouraged to participate. More information is available by e-mailing Molly Checksfield at mchecksfield@narfe.org.

NARFE Website

NARFE's website provides resources about NARFE and its departments. The Legislation section includes the Legislative Program, Fact Sheets, Issue Briefs, information about NARFE-PAC, congressional testimony and letters to Congress among other valuable resources. NARFE's website is www.narfe.org and the Legislation page is www.narfe.org/legislation.

Congressional Directory

Published at the beginning of every Congress, the Congressional Directory is available for purchase and includes contact information for every member of Congress. As legislative officers, this is an important tool in your toolbox. You can pre-order the Congressional Directory at the Registration Desk at the Legislative Training Conference, or via the form via *narfe* magazine. The directory will be available in April.

NARFE Legislative Staff

NARFE legislative staff is part of your legislative team and half of the Association's outreach. You talk to your legislators in their state or district office, and NARFE staff reiterates the message on Capitol Hill. The NARFE Legislative Department remains ready to assist you. Talk to the staff about your plans, enlist their help in your outreach and seek their assistance in



drafting materials for you. Please share highlights from your meetings with legislators. As we continue to develop new resources, we are always open to suggestions. You can contact the Legislative Department by calling 703-838-7760, ext. 201 or by e-mailing leg@narfe.org.

In addition to the resources provided by NARFE, legislative officers are encouraged to become familiar with online advocacy resources. The following list is just a starting point:

- Familiarize yourself with the websites of your legislators, as well as the House of Representatives and Senate websites. Links to your legislators' websites will be available at www.house.gov or www.senate.gov. You also can reach the Capitol Switchboard by calling 1-866-220-0044 or 202-224-3121.
- While most of our grassroots activity is geared to Congress, there are times when our focus might shift to the White House. The White House website is www.whitehouse.gov and the White House Switchboard is 1-888-225-8418 or 202-456-1414
- You can get legislative information from past Congresses, as well as public laws and the Congressional Record, from congress.gov, a site sponsored by the Library of Congress.
- If you participate in social media, we encourage you to follow NARFE Headquarters:
 - ✓ Facebook: www.facebook.com/NARFEHQ
 - ✓ Twitter: @NARFEHQ

Make sure you follow your members of Congress!